



IAFL European Chapter Meeting, Paris, France 4-8 December 2024

Session resources pack

**Session 1:
Bina de Boer
Keynote speaker**

Friday 6 December 2024

09:00 – 09:45

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BINA DE BOER
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Bina Coaching

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Bina de Boer, born in India and raised in Friesland, the Netherlands, has experienced how adoption has influenced her life. These experiences have shaped her mission to make the impact of early childhood trauma on (young) adults visible and manageable, with a focus on separation and adoption.

Since 2019, she has run her own business, Bina Coaching, where she works as an Adoption Coach, Transcultural Systemic Coach & Trainer, and Body-Oriented Trauma Coach. Her clients come from backgrounds of separation, adoption, displacement, migration, and trauma. Bina supports them with identity and life challenges.

Additionally, she is a co-developer and lecturer of the minor “Professional Support in Separation & Adoption” at HAN University of Applied Sciences. Since November 2022, she has worked as Project Leader for Training, Development & Professionalization at INEA, the Dutch Expertise Center for Intercountry Adoption.

In her keynote speech “Changing the Narrative on Adoption,” Bina takes participants through 60 years of intercountry adoption, allowing them to experience and reflect on the complexities and dynamics of separation and adoption.